



Yale Street Wrestling Club at YETI MMA

2507 Route 22 West, Scotch Plains, NJ 07076

908-858-5558 / info@yalestreetwc.com



Monday	Tuesday	Wednesday	Thursday	Sunday
5:30 - 6:45 pm	5:30 - 6:45 pm	5:30 - 6:45 pm	5:30 - 6:45 pm	10:00 - 11:00 am
Youth	Middle School & High School (140 lbs. & Higher)	Youth	Middle School & High School (140 lbs. & Higher)	Youth
	6:45 - 8:00 pm		6:45 - 8:00 pm	11:00 am - 12:00 pm
	Middle School & High School (140 lbs. & Lower)		Middle School & High School (140 lbs. & Lower)	Middle School & High School (All Weights)