



ZOOM Schedule

Please contact Jana with questions or to enroll:
jana@shaolinbjj.com

VITOR SHAOLIN
 BRAZILIAN JIU-JITSU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		3:30pm -4:00pm Little Dragons Zoom		3:30- 4pm Little Dragons Zoom		9am -10am Kids Zoom and Indoor 8 spots
	4:00pm -4:30pm Little Dragons Zoom					
		4:30pm -5:15pm Youth Zoom	4:00pm -4:30pm Little Dragons Indoor and Zoom	4:30pm -5:15pm Youth Zoom		10:30am -11:30am Indoor and Zoom Adults (Gi)
	5pm- 5:45 Youth Zoom		5pm- 5:45 Youth Indoor and Zoom			
	6:30pm to 7:30pm Outdoor and Zoom (Gi)	6pm- 7pm Outdoor and Zoom (No Gi)	6:30pm to 7:30pm Indoor and Zoom (Gi)	6pm- 7pm Outdoor and Zoom (No Gi)		

* Outdoor classes won't require sign up in advance

* In case of rain Classes won't be cancelled . But move to Indoor

Effective September 8, 2020



In-Person Schedule

Please contact Jana with questions or to enroll:

jana@shaolinbjj.com

VITOR SHAOLIN
BRAZILIAN JIU-JITSU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30am - 9:30 am Adults Indoor- 6 spots (partner or dummy)		8:30am - 9:30 am Adults Indoor- 6 spots (partner or dummy)		8:30am - 9:30 am Adults Indoor- 6 spots (partner or dummy)	
10am to 11am Open mat Outdoor (No gi)						9am -10am Kids Zoom and Indoor 8 spots
	4:00pm -4:45pm Little Dragons Outdoor		4:00pm -4:45pm Little Dragons Indoor		4:00pm -4:45pm Little Dragons Outdoor	10:30am -11:30am Indoor and Zoom Adults (Gi)
			5pm- 5:45 Youth Indoor and Zoom			
	5:15pm- 6pm Youth Outdoor	4:30pm to 5:30pm Kids (8yold and up)Outdoor		4:30pm to 5:30pm Kids (8yold and up)Outdoor	5:15pm- 6pm Youth Outdoor	
	6:30pm to 7:30pm Outdoor and Zoom (Gi)	6pm- 7pm Outdoor and Zoom (No Gi)	6:30pm to 7:30pm Indoor and Zoom (Gi)	6pm- 7pm Outdoor and Zoom (No Gi)	6:30pm to 7:30pm Outdoor	

* Outdoor classes won't require sign up in advance

* In case of rain Classes won't be cancelled . But move to Indoor

* Kids Outdoor can be with partners or dummy

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