



Gerry Cooney Boxing Club at YETI MMA

2507 Route 22 West, Scotch Plains, NJ 07076

908-858-5558 / info@yetimma.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 am - 11:00 am	7:30 am - 11:00 am	7:30 am - 11:00 am		7:30 am - 11:00 am	8:00 - 10:00 am	10:00 am - 12:00 pm
Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own		Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own
9:00 - 10:00 am		9:00 - 10:00 am		9:00 - 10:00 am	9:00 - 10:00 am	
Adult - Boxing Trainer: Tony Santana		Adult - Boxing Trainer: Tony Santana		Adult - Boxing Trainer: Gerry Cooney	Adult - Boxing Trainer: Donnie Cassett. / Tony Santana	
4:00 - 5:30 pm	4:00 - 5:30 pm	4:00 - 5:30 pm	4:00 - 5:30 pm	4:00 - 5:30 pm		
Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own	Open Gym Train-on-Your-Own		
5:30 - 6:00 pm		5:30 - 6:00 pm		5:30 - 6:00 pm		
Kids Boxing (age 7-10) Trainer: Sarah Cooney		Kids Boxing (age 7-10) Trainer: Gerry Cooney		Kids Boxing (age 7-10) Trainer: Sarah Cooney		
6:00 - 6:45 pm		6:00 - 6:45 pm		6:00 - 6:45 pm		
Pre-Teen Boxing (age 11-13) Trainer: Sarah Cooney / Tony Santana		Pre-Teen Boxing (age 11-13) Trainer: Gerry Cooney		Pre-Teen Boxing (age 11-13) Trainer: Sarah Cooney / Tony Santana		
7:00 - 8:00 pm	7:00 - 8:00 pm	6:45 - 7:45 pm	7:00 - 8:00 pm	7:00 - 8:00 pm		
Adult - Boxing Trainer: Tony Santana	Adult - Boxing Trainer: Tony Santana	Adult - Boxing Trainer: Gerry Cooney	Adult - Boxing Trainer: Gerry Cooney / Tony Santana	Adult - Boxing Trainer: Donnie Cassett. / Tony Santana		